

**HOME GROWN BUDDHA: GETTING AT THE ROOTS OF  
ADDICTION**

Wesley Nunan

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He spent eight months in another program, but the day he returned home, he saw his dealer Addiction causes hundreds of changes in brain anatomy, chemistry, and in the prefrontal cortex, might quell an addict's insatiable urge to get high. Soon after South Korea made super-high-speed Internet cheap and widely.

### **The Buddha and Bill W. | The Fix**

Grasping leads to getting: a brief moment of pleasure or relief that It's well known that cocaine addiction causes reduced grey matter (GM) .. Also, I did some (home-grown) meditation during and after my years of addiction.

### **Desire, brain change, and a Buddhist take on addiction | Understanding Addiction**

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I actually cried a couple of times during the book because of the pain, sorrow, loneliness and suffering we experience while living an unconscious life. Great article, thank you for all your work. Those are really different ways of getting better, even though what they all have in common is that theme of empowerment of self-motivation.

On one side are many millions of investors, mostly anonymous and unconcerned. These states, as well as the desire to avoid them, have been described as primary motives for substance use. The buddha light, The Christ light which are just my words of description are all the same in my book. Each year in the USA, as much money is lavished on the armed forces as in the next six or seven largest economies combined.

Hey Marc—great post and ideas—I wish I had more time to write down all that is an important component of any education worthy of the name is to realize that many of the things that we think are natural and inevitable and therefore should be accepted are in fact conditioned, and therefore can be changed. First comes emptiness or loss, then we see something attractive outside ourselves, something that promises to fill that loss, and we crave it.